

**HOKKAIDO UNIVERSITY
SHORT-TERM EXCHANGE
PROGRAM**

HUSTER

2014-2015



**Live in Japan
Study in English**



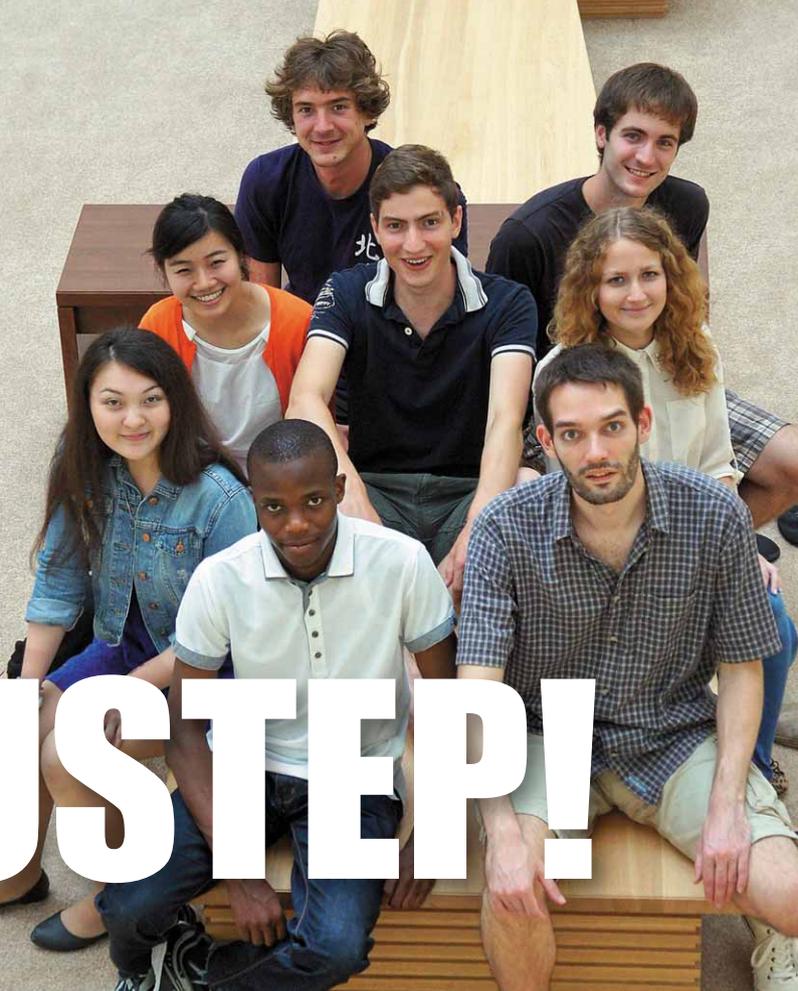
**HOKKAIDO
UNIVERSITY**





HUSTEP broadens your horizons!

The Hokkaido University Short-Term Exchange Program (HUSTEP) is a 'junior year abroad' type program designed to provide undergraduate students from affiliated universities with the opportunity to study in Japan at Hokkaido University. Participants in this program take a wide variety of classes offered in English in the fields of Culture and Society, Environment, Science and Technology. Students also have the chance to study the Japanese language. In addition, some participants can pursue independent study research under the guidance of a faculty member. There will also be an opportunity to take part in numerous traditional and contemporary Japanese cultural activities. Students admitted to the program are eligible to apply for a scholarship.



HUSTEP provides a safe and caring environment in which to carry out your academic studies and broaden your horizons. Participating in HUSTEP will help to prepare you for the future with knowledge and experiences that will last a lifetime. In addition, you will have a wonderful opportunity to meet and make friends with many Japanese people as well as international students from all around the world who come to study at Hokkaido University. We would like to invite motivated university students from ALL disciplines to participate in HUSTEP.

Dr. Peter Firkola
HUSTEP Program Director
(Left)

Mr. Ryota Takeuchi
HUSTEP Administrative Coordinator
(Right)





HUSTEP Course Details

HUSTEP offers students the choice of participating in the Research Course or the Semester Abroad Course. The Research Course allows students to study for one year and take classes in English as well as Japanese language classes. In addition, students have the option to do an independent study under the guidance of a faculty supervisor. As part of the independent study, students may have a chance to study in a lab or attend seminars with Japanese students in various faculties. The Semester Abroad Course allows students to study for one semester and take classes in English and Japanese language classes. Students should choose carefully since switching courses is not permitted. Course details are listed below.

	Research Course	Semester Abroad Course (Autumn)	Semester Abroad Course (Spring)
Course Overview			
Length	One year	Half year	Half year
Core Classes (in English)	Yes	Yes	Yes
Japanese Language Classes	Yes	Yes	Yes
Independent Study	Yes (optional)	No	No
Course Completion Requirements	Yes	No*	No*
Study Period	October 1, 2014 - August 31, 2015	October 1, 2014 - February 28, 2015	April 1, 2015 - August 31, 2015
Application Deadlines	February 21, 2014	February 21, 2014	October 31, 2014
			Submit applications in October

Eligibility

To be eligible to apply for HUSTEP, students must:

1. be from exchange partner universities.
2. be enrolled and pay tuition fees at their home universities during study in Japan.
3. have completed at least two years of undergraduate study prior to arrival in Japan.
4. have GPA of 3.0 (B) or better on a 4.0 scale or equivalent.
5. be proficient in English. Non-native English speakers must have a TOEFL score of at least 79 (iBT).
6. be able to arrive in Sapporo by late September or first week of April.

Please check HUSTEP application guidelines for complete eligibility requirements.

Application Procedure

For details, please check HUSTEP website. <http://www.oia.hokudai.ac.jp/hustep/>

* All students are required to take a certain number of courses pertaining to their visa.

Classes

Core Classes

Culture and Society

- Applied Literature for Sustainable Development
- Introduction to Applied Ethics
- Japanese Economy
- Indigenous Rights and Sustainability
- Language in Society
- Introduction to International Relations
- Introduction to Security Studies
- Poetry and Poetics
- Modern Japanese History
- Contemporary Japanese Society
- Introduction to Japan
- The Politics of History in East Asia
- Japanese Politics
- Japanese Foreign Policies
- Introduction to Health, Illness and Society in Japan
- Youth Cultures in Japan
- Tourism and Travel in Japan
- Tradition and Culture in Japan
- Music Psychology
- Gender and Sexuality in Visual Culture
- Ethics, Killing and Violence
- Education and Society in Japan
- Practical Intercultural Communication
- Current Global Topics in the Media
- Alaska Through the Media

- What Do We Really Know about Our Faculty of Language?
- Languages and Cultures Around the World
- Communicating Across Cultures
- Global Englishes
- Multicultural Japan
- Poetry and Poetics
- Introduction to Critical Thinking
- Introduction to International Relations
- Introduction to Political Studies
- Introduction to Terrorism Studies
- Hokkaido History
- Career Planning
- Japanese Management
- Gender in Postwar Japan
- Japanese Politics

Science, Technology and Environment

- Chemistry and English for Life Science
- Joy of Science - Discovering the Matters and Laws of the Universe
- Advanced Course on Antarctic Science
- Cells and Their Environment
- Field Bioscience in the Northern Biosphere
- Collection of the Latest Information on Sustainability
- ODA and Sustainability of Developing Countries
- At the Cutting Edge of Land-Use Research
- Mechanical Vibration and Control
- Space Utilization Engineering

- Structural Dynamics and Environmental Vibrations
- Essential Physics
- General Biology
- Environmental Science for Biological Resources
- Advanced Geochemistry
- Environmental Earth Science
- Modern Trends in Chemistry
- Agriculture in Hokkaido
- Earth System, Human Interaction & Sustainability
- Knowledge for Sustainability of Human & Social Systems
- Frontiers of Sustainability Science
- Maintenance Engineering
- Resources, Human and the Earth
- Plasma Engineering
- Thermal Engineering
- Strength and Fracture of Materials
- Radiation Measurement
- Current Topics in Science and Technology
- Basic Lecture on Antarctic Science

Japanese Language

- Japanese Language Classes

Independent Study

- Independent Study

A detailed syllabi for all of the classes is available at the HUSTEP website.

The above class list is from 2013-2014 and will change. The classes listed above and the independent study are worth 2 credits each. The Japanese language classes are 1 or 2 credits each.

Class Schedule

Fall Semester
(October 2013 - March 2014)

Time Table	Monday	Tuesday	Wednesday	Thursday	Friday
1 8:45-10:15	Japanese Language	Japanese Language	Japanese Language	Japanese Language	Japanese Language
2 10:30-12:00	Japanese Language	Japanese Language	Japanese Language	Japanese Language	Japanese Language
3 13:00-14:30	Introduction to International Relations	Learning Strategic Thinking	Structural Dynamics and Environmental Vibrations	Chemistry and English for Life Science	Introduction to Security Studies
	Gender and Society	Japanese Language	Tourism and Travel in Japan	Contemporary Japanese Society I	Youth Cultures in Japan
	Space Utilization Engineering		Indigenous Rights and Sustainability		Chemistry and English for Life Science
4 14:45-16:15	Introduction to Applied Ethics	Language in Society	Applied Literature for Sustainable Development	Contemporary Japanese Society II	Japanese Foreign Policies
	Introduction to Japan	Introduction to Health, Illness and Society in Japan	Mechanical Vibration and Control	The Politics of History in East Asia	
5 16:30-18:00	Joy of Science	Cells and Their Environment	Modern Japanese History	Japanese Economy	Tradition and Culture in Japan
	Essential Physics	Japanese Politics	Field Bioscience in the Northern Biosphere	Poetry and Poetics	
	General Biology				
6 18:15-19:45	Collection of the Latest Information on Sustainability			Collection of the Latest Information on Sustainability	

* On average, students take one Japanese language class and one afternoon class per day.

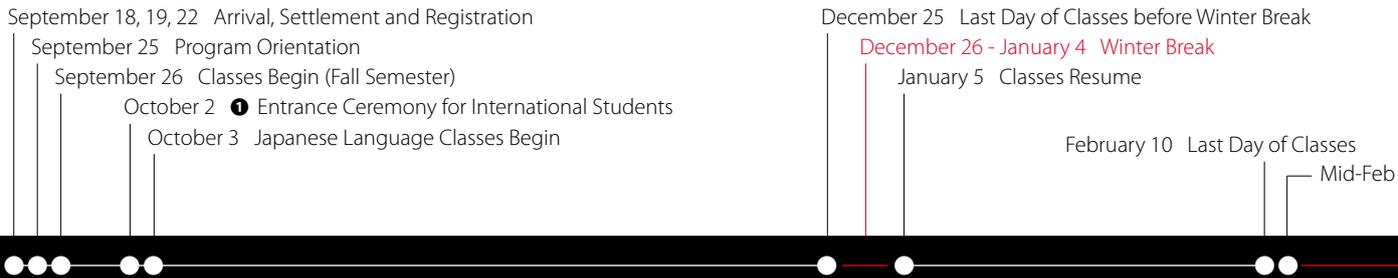
HUSTEP Calendar

The following schedule is tentative.



Cultural Activities

2014-2015 Academic Calendar



September

October

November

December

January

February



九月

十月

十一月

十二月

一月

二月

Events in Sapporo

Dai-Don-Den!
street performances
(Ekimae-dori)
Sapporo Autumn Fest
(Odori Park)

Sapporo Marathon
(Downtown Sapporo)
Sapporo International Short
Film Festival
(Sapporo movie theaters)

Sapporo Art Stage
(Throughout the city)
Sapporo White Illumination
(Odori Park, Ekimae-dori)

❸ Christmas Market in
Sapporo (Odori Park)

❹ Sapporo Snow
Festival (Odori Park)



❶ Autumn at Hokkaido University





February 11 - April 9 Spring Break

June 4, 5 ⑥ University Festival (No classes)

Beginning of April Arrival, Settlement and Registration
April 10 Classes Begin (Spring Semester)

Mid-August ⑩ Graduation Ceremony
August 7 Last Day of Classes

Cultural Activities

March

April

May

June

July

August



三月

四月

五月

六月

七月

八月

⑤ Keiryu Koinobori (Jozankei Hot Spring Area)

Sapporo Lilac Festival (Odori Park)

⑦ YOSAKOI Soran Festival (Odori Park)

Pacific Music Festival (Sapporo Art Park)

Sapporo City Jazz (Odori Park and Sapporo Art Park)

⑧ Hokkaido Shrine Festival (Throughout the city)
Flowerfest Sapporo (Odori Park)

⑨ Toyohira River Fireworks (Toyohira River)
Okurayama Summer Ski Jumping Festival (Okurayama Ski Jump)

⑩ Sapporo Summer Festival (Odori Park)
Hokkaido Marathon (Downtown Sapporo)



“My dormitory life was wonderful!”



I was privileged to live in a dormitory that was not far from the university campus. Living in a dorm was a great experience. I got to live together with people from around the world and do things that I never thought I would ever get the chance to do. We taught each other how to cook different local foods. We had many discussions and we shared our cultural backgrounds and future career dreams together. The peace, comfort and conviviality of the dormitory greatly added to my wonderful experience in HUSTEP.



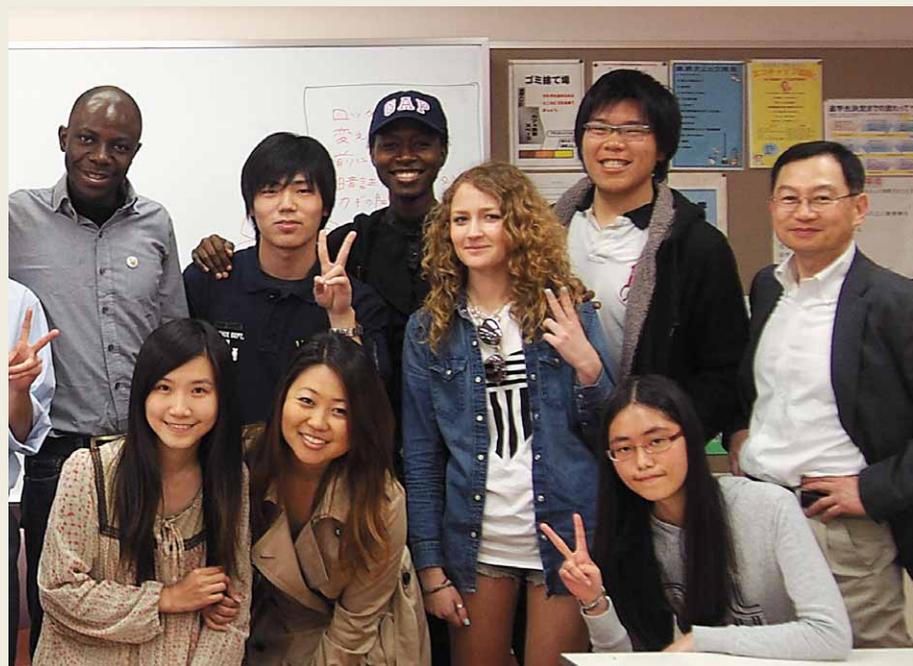
Patricia Iweka Nneka
Ebony State University,
Abakaliki, Nigeria
Major: Biotechnology

“I learned the importance of being versatile”

In this program, I learned the importance of being versatile and knowing more about interdisciplinary subjects. I took several classes such as education, ethics, and sustainability science that allowed me to broaden my perspectives not only about my major, but many aspects of life. I believe diverse knowledge is one of the keys to successfully cooperate with others in work life. One of my new explorations in Japan was to study how the education system works in Japan. In one HUSTEP class, we were able to meet and have discussions with a variety of elementary and high school students. I was able to interact with Japanese students and teach them about Indonesian culture!



Rio Aditya Setiawan
Bogor Agricultural
University, Indonesia
Major: Veterinary Medicine





“Chance for many new experiences”

H USTEP provided me a great chance to experience Japanese culture. There were lots of cultural events I attended during this year such as wearing a kimono, doing flower arrangement and tea ceremony, writing calligraphy, playing the koto, wearing a yukata, cooking Japanese food, and enjoying life with a homestay family. In addition, I participated in various club activities. In the first semester, I practiced Yosakoi (a Japanese traditional dance) for one month and had a performance with the club members. In the second semester, I learned how to ski with ski club members. These experiences are unforgettable!

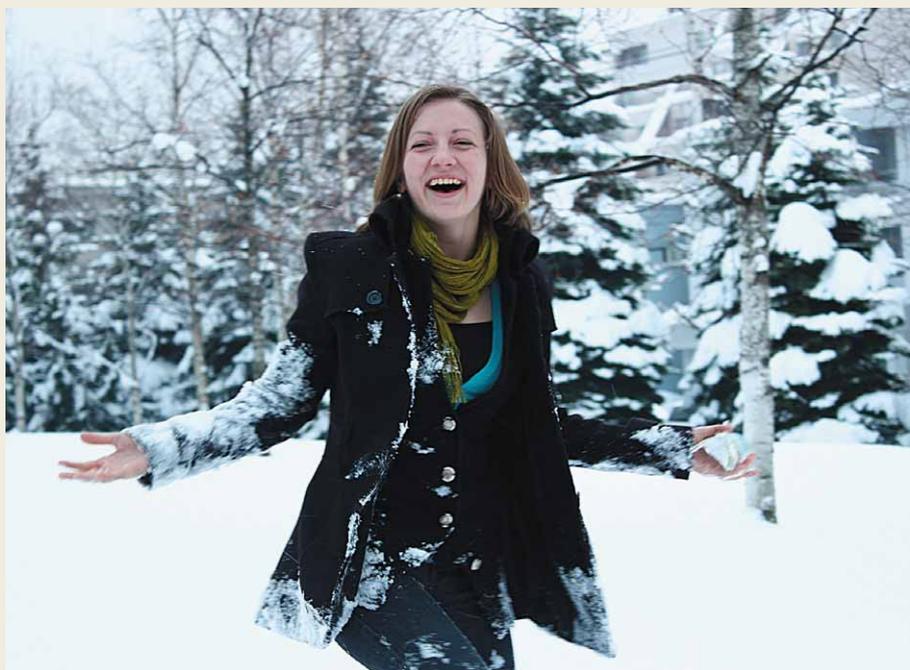


Wan Yun Hung
National Chung Cheng University, Taiwan
Major: Communication

Living in Japan gave me the unique chance to pursue my passion for cancer research and mountain climbing. When applying for the program I dared to dream big and mentioned one of the leading scientists in radiologic medicine in my application. I was honored to see that he was appointed as my independent study supervisor. So alongside with discovering the nature and culture of Japan, I also got to visit the latest proton beam therapy center, which was one of the most exciting moments of my year. And not only did I learn from the best minds in radiologic medicine, but I also got the chance to summit the highest peak in Hokkaido – Mt. Asahidake! Japan definitely has a lot to offer – both in the laboratory and outdoors.



Ingrid Lesdorf
University of Tartu, Estonia
Major: Medicine



“Pursue my passion for cancer research and mountain climbing”

“HUSTEP broadened my horizons”

Participating in HUSTEP was a great opportunity that was replete with a wealth of knowledge and awesome experiences. It was a year of self-rediscovery for me. I was assigned to the Laboratory of Polymer and Tissue Science in the Faculty of Life Sciences where I did my independent study. Researching in a different field of study from my major did equip me with research experience and good knowledge of polymer science. I also took courses from different fields which did not only educate and inform me but also endowed me with skills and knowledge for the future. HUSTEP broadened my horizons.



Joshua Chidiebere Mba
Ebonyi State University, Nigeria
Major: Medical Biotechnology



“Valuable independent study experience”

Independent study is one of the great opportunities that HUSTEP offers. I had a pleasant and valuable research experience with amazing people in my laboratory. It was a really awesome challenge and I enjoyed it a lot. My laboratory members were so kind to me, despite the language barrier. They were always helping and supporting me. My academic supervisor taught me new problem solving strategies. I will definitely apply the knowledge I learned in my home country.



Aibek Adambekov
Al-Farabi Kazakh National
University, Kazakhstan
Major: Meteorology



“Excited to experience four truly distinct seasons”

I was really excited to experience four truly distinct seasons in Sapporo. When I first got here it was the end of summer and still surprisingly warm and sunny, which made for a cheerful welcome into Sapporo. We soon entered Autumn when the leaves became all sorts of vibrant shades of red and yellow, and the Hokkaido University campus was so beautiful! Then we entered winter. Before I came I was a little worried about it, but winter was one of the most enjoyable and memorable times I have from my time in Sapporo. The whole city turns into a winter wonderland and there is the Snow Festival in February! At long last spring visited Sapporo and during the cherry blossom time we could go to Maruyama park and have a picnic. When summer came, and it became sunny with temperature in the high 20s it was difficult to imagine how the city used to look covered in snow. I think that Sapporo's unique climate really means you can have a varied and enjoyable year at Hokkaido University.



Kimberly Morgan
University of Manchester, United Kingdom
Major: Mathematics and Japanese



“My experience in the kendo club”

I joined Hokkaido University's kendo club. It was really hard to endure the strict training, but I found it valuable. Kendo is an interesting sport which has benefits for both physical and mental health. I also made a lot of friends there. The kendo club is a typical Japanese organization which follows all the rules one needs to know in Japanese society. The kendo club was very useful to help me better understand Japanese culture.



Feng Han
Wuhan University, China
Major: Philosophy



“Opportunities to understand intercultural differences”



Through in-class discussions and extra-curricular activities with students from all over the world, I have gained lots of opportunities to understand intercultural differences. Life in Japan is well supported by the International Student Centre with not only academic supervisors but also a variety of extra-curricular activities. Through these activities, I built friendships with both international and Japanese students. Cultural activities also provided me a chance to experience Japanese traditional culture such as practicing Shodo and martial arts.



Mei Ki Ho
The Chinese University of
Hong Kong, China
Major: Japanese Studies

“An exciting interaction in a global environment”

To me, participating in HUSTEP was not only an exposure to Japanese society and culture but also an exciting interaction in a global environment. It provided opportunities for individuals to learn about different cultures by interacting closely and personally with people from around the world. HUSTEP has not only intellectually enriched students but was also a preparatory ground for future diplomatic, economic and strategic partnerships for everyone that had the privilege to participate in the program.



Chigozie Michael Ezugwu
University of Nigeria, Nsukka,
Nigeria
Major: Public Administration



Founded in 1876, Hokkaido University is one of the oldest, largest and most prestigious universities in Japan. Our students and researchers come from all over the world and all backgrounds to prepare for a life of new challenges. We are unique among Japan's leading universities in the breadth of disci-

excellence – and challenges them to succeed as leaders in whatever career field they choose.

At Hokkaido University, there is more to student life than just lectures. An abundance of opportunities await International Students to become part of the many activities available on campus.

Students can join one of over 250 clubs, participate in sporting activities, visit the University's museum, attend a university festival or just relax with friends in one of the many university cafeterias in between lectures.

Hokkaido University offers students the chance to gain valuable experiences and to make new friends.

Your year abroad here at 'Hokudai' will be one to cherish for a lifetime.

Further information about Hokkaido University is available at the following site:

- Welcome to Hokkaido University
<http://www.oia.hokudai.ac.jp/>

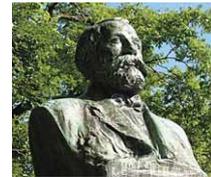


北海道大学

HOKKAIDO UNIVERSITY

plines we offer, providing a variety of opportunities for personal growth and all-round education that develops unique insights and broader perspectives.

In the heart of Japan's northern city of Sapporo, our main campus provides the perfect balance of natural scenery with state-of-the-art teaching, research and student support facilities. Our academics pursue excellence in teaching, reaching across disciplines to offer the very best in innovative and broad based education. Learning from these top academics exposes Hokkaido University students to



Dr. William S. Clark:
Founding Father of
Hokkaido University



Quick Facts

- Total Enrollment: 18,043
- Undergraduate Students: 11,632
- Graduate Students: 6,351
- International Students: 1,384
- Partner Universities: 326
- Faculty and Staff: 3,861
- University Color: Forest Green
- University Flower: Trillium
(as of May, 2013)

Life in Sapporo

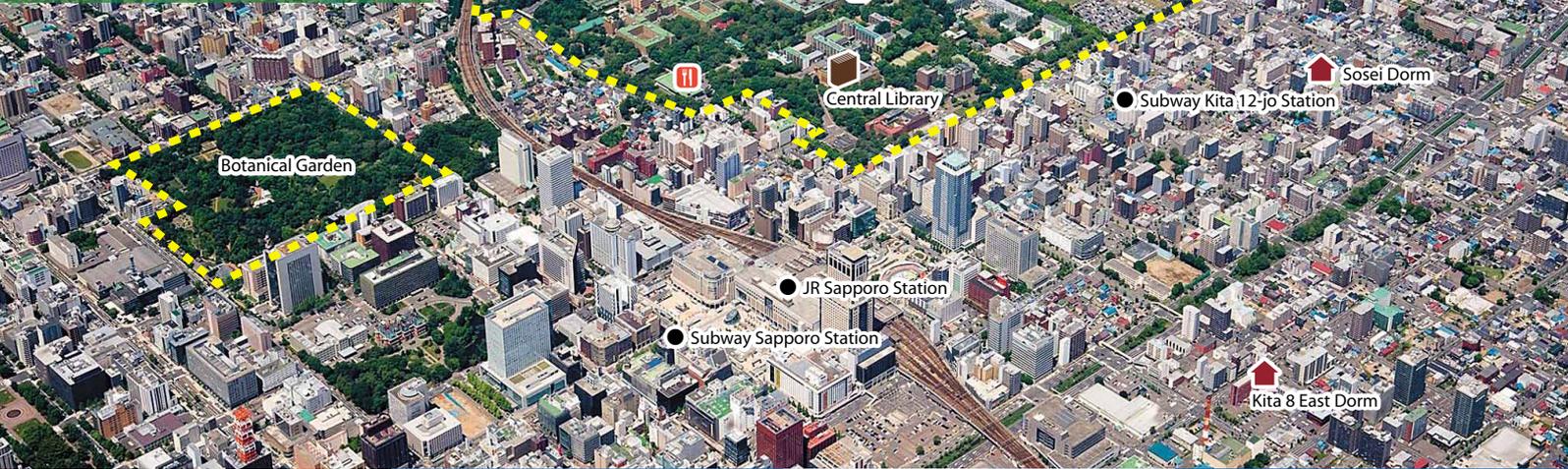
Sapporo, the city in which you'll be living, is Japan's fifth largest city with a population of almost 2 million people. Sapporo is known for its amazing food, unique history, natural beauty, and cosmopolitan character. With its fashionable restaurants, great shopping areas and relaxed atmosphere, it is often rated as the most desirable place to live in Japan. Sapporo provides an excellent quality of life and an affordable cost of living for students.

Other useful information about Sapporo is available at the following site:

- Sapporo Information
<http://www.city.sapporo.jp/city/english/>



Aerial View of Hokkaido University Campus and Sapporo



- 1 Faculty of Agriculture
- 2 Poplar Avenue
- 3 Sakushukotoni River
- 4 Office of International Affairs International Student Center
- 5 The Hokkaido University Museum
- 6 Furukawa Hall
- 7 Model Barn
- 8 Sapporo Station Area
- 9 Odori Park
- 10 Subway





HOKKAIDO
UNIVERSITY

CONTACT

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