

Heart-warming campus for you

Well-being for your bright future

Welcome to Hokkaido University !
 Healthy "mind" and "body" are essential for enjoying a campus life.
 We can assist your health and support your healthy campus life.
 Please come and see us at the Health Care Center.
 We are looking forward to seeing you. Thank you !

Hokkaido University Health Care Center

Spring tours at the Health Care Center
 Heart-warming campus for you !

April 4(mon) April 5(tue) April 6(wed)

Time / 10 : 00am ~ 11 : 30am

Place / Hokkaido University Health Care Center



Inquiry

Hokkaido University Health Care Center

Tel 011-706-5418, 5502

The persons in charge : Ishihara, Kawahara

Agenda

- Nutrition Counseling
A mini lesson on nutrition
- Alcohol patch test
You will get to know your alcohol tolerance
- Relaxation
For mind and body
- Stamp Rally
You can answer questions at the end of each session and collect stamps



Cutoff line (Please keep the following card)



Health Care Center
to assist
your health

Do you have any health problems ?

Internal medicine
cold illness, influenza, other diseases,
injury, burn, first-aid treatment and
introduction of medical examination and treatment.

Psychiatry
mental health, mind and body imbalance,
personal relations, other consultation.

Clinical laboratory
Alcohol patch test etc.

Dental consultation
toothache, sensitive wisdom tooth aches,
introduction of treatment.

Reception hours

Department	Reception time	Telephone
Internal medicine	13:00~15:30	011-706-5484
Nutrition counseling/ Counseling for women	appointment	011-706-5502
Psychiatry	13:00~15:30	011-706-5418
Clinical laboratory (Alcohol patch test)	appointment	011-706-5459 011-706-5484
Dental consultation (Department of Dentistry 1F)	9:00~11:30 13:00~15:30	Appointment through the campus internet system

* contact by telephone 8:30~17:00

Health Care Center

Department of Dentistry

Kita 16 Nishi 7, Kita-Ku
Sapporo, 060-0816
Tel 011-706-5348
http://www.hokudai.ac.jp/hoken/