

Course Name	Interpersonal Communication		
Semester, Year	First Semester, 2019	Number of Credits	2 credits
Course level	1000	Course Number	027049
Instructor(s) (Institution)	Reggy Capacio Figer 大学院メディア・コミュニケーション研究院		
Course Objectives	<p>Our relationships are fundamental aspects to our existence. Through our communication with others, we are able to cultivate our sense of identity and in the process understand ourselves better. It is said that our everyday relationships are integral elements of our happiness, over and above the building blocks of our civil societies. These on-going connections that we create, establish, maintain or end are essentially determined in our interpersonal communication. This course provides an in-depth coverage of interpersonal communication that integrates theory and research on the one hand and practical skills on the other. It highlights the importance of fostering and nurturing relationships by being receptive, sensitive, and mindful of others. The primary focus of this course is to study live, face-to-face communication but also includes the overwhelming influence of digital and Internet technology on relating with others. It is hoped that through this course, students will have an enhanced understanding of how interpersonal communication is an important element in knowing oneself, valuing others and recognizing relationships/connections as foundations, cornerstones for better friendships, families, and societies.</p>		
Course Goals	<ul style="list-style-type: none"> • To learn and understand the characteristics of competent communication in interpersonal relationships • To develop skills in using appropriate communication strategies and responses based on different situational contexts • To interpret verbal and nonverbal messages with accuracy • To practice effective interpersonal conflict principles • To recognize the role of communication in determining the nature and quality of interpersonal relationships, as well as how and why relationships develop 		
Course Schedule	<p>This schedule is tentative and topics may change based on student needs. Any changes as well as the most current information on activities, assignments, and due dates will be discussed in class. Readings and assignments must be completed prior to the class period.</p> <p>Week 1 Course orientation Week 2 Introduction to Interpersonal Communication Week 3 Perception and Communication Week 4 Listening and Responding to Others Week 5 Verbal and Nonverbal Communication Skills Week 6 Group Report Week 7 Interpersonal Conflict and How to Manage it Week 8 Understanding Interpersonal Relationships Week 9 Group Report Week 10 Power in Interpersonal Relationships Week 11 Developing Interpersonal Relationships Week 12 Group Report Week 13 Managing Relationship Challenges Week 14 Interpersonal Relationship at Home, on the Internet and at Work Week 15 Review and Feedback</p>		
Homework	<p>積極的かつ主体的な準備学習（予習・復習）が求められる。準備学習への取り組み方全般については、学期はじめに担当教員から説明があるほか、各回の授業で求められる準備学習の具体的内容については、学期中随時教員から指示がある。また履修者が自ら主体的に計画と目標を立て、自律的に準備学習に取り組むことも強く期待される。準備学習を十分に行わなければ、身につけるべき内容を消化できず、単位も取得できなくなる可能性があるため、真剣かつ計画的に取り組んでほしい。 Students are required to read and understand the readings before the class. They are also expected to hand-in assignments/reports/projects on the due date.</p>		

Grading System	<p>40% Oral and Written Group Report (Improving an Interpersonal Relationship Project - You will research a specific area of interpersonal communication that can be improved in a specific relationship and submit a write-up about it. Also, you will present your research findings in class.)</p> <p>20% Class Participation (Discussions will take a lot of bulk in each session. Students are expected to engage in class dynamics.)</p> <p>10% Personal Reflection Paper (You will complete one graded paper that applies course concepts to your interpersonal communications interactions. A full description of the paper will be given as we proceed with the semester.)</p> <p>30% Final Exam (A written exam will be conducted to assess students' knowledge of the course.)</p>
Textbooks / Reading List	Necessary materials will be distributed in class.
Websites	
Website of Laboratory	
Additional Information	<p>この授業は英語上級者（目安として TOEFL-ITP 試験の成績が 500 点以上）を主な対象者とする。この授業は国際交流科目等との合同開講科目です。</p> <p>*This is an English for Academic and Professional Purposes course. It is recommended for Japanese students and non-native speakers in English who want to improve further their language skills through the study of a particular discipline or field, in this case, Interpersonal Communication.</p>