

HOKKAIDO UNIVERSITY

HUSTEP

**SHORT-TERM
EXCHANGE PROGRAM**

Live in Japan,
Study in English

2020-2021



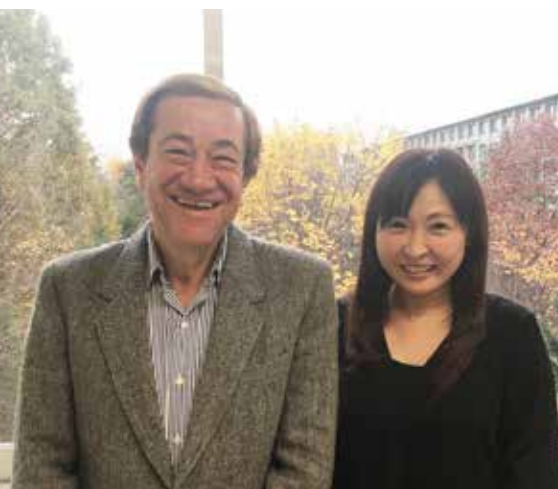
HOKKAIDO
UNIVERSITY

Welcome to



HUSTEP

broadens your horizons!



Dr. Peter Firkola
HUSTEP Program Director

Ms. Maki Nonaka
HUSTEP Administrative Coordinator

The Hokkaido University Short-Term Exchange Program (HUSTEP) is a 'junior year abroad' type program designed to provide undergraduate students from affiliated universities with the opportunity to study in Japan at Hokkaido University. Participants in this program take a wide variety of classes offered in English in the fields of Culture and Society, Environment, Science and Technology. Students also have the chance to study the Japanese language. In addition, some participants can pursue independent study research under the guidance of a faculty member. There will also be an opportunity to take part in numerous traditional and contemporary Japanese cultural activities. Students admitted to the program are eligible to apply for a scholarship.

HUSTEP provides a safe and caring environment in which to carry out your academic studies and broaden your horizons. Participating in HUSTEP will help to prepare you for the future with knowledge and experiences that will last a lifetime. In addition, you will have a wonderful opportunity to meet and make friends with many Japanese people as well as international students from all around the world who come to study at Hokkaido University.

We would like to invite motivated university students from ALL disciplines to participate in HUSTEP.





HUSTEP

Course Details



HUSTEP offers students the choice of participating in the One Year or Half Year Course.

The One Year Course allows students to study for two semesters and take classes in English as well as Japanese language classes. In addition, students have the option to do an independent study under the guidance of a faculty supervisor. As part of the independent study, students may have a chance to study in a lab or attend seminars with Japanese students in various faculties.

The Half Year Course allows students to study for one semester and take classes in English and Japanese language classes.

Students should choose carefully since switching courses is not permitted. Course details are listed below.

Course Overview	One Year	Half Year (Fall)	Half Year (Spring)
Core Classes (in English)	Yes	Yes	Yes
Japanese Language Classes	Yes (optional)	Yes (optional)	Yes (optional)
Independent Study	Yes (optional)	No	No
Course Completion Requirements	Yes**	No*	No*
Study Period	Late September, 2020- Early August, 2021	Late September, 2020- Mid-February, 2021	Early April, 2021- Early August, 2021
Application Deadlines	February 14, 2020	February 14, 2020	October 30, 2020 Submit applications in October

Eligibility

To be eligible to apply for HUSTEP, students must:

1. be from exchange partner universities
2. be enrolled and pay tuition fees at their home universities during study in Japan
3. have completed **at least two years of undergraduate study** prior to arrival in Japan
4. have **GPA of 3.0 (B) or better** on a 4.0 scale or equivalent
5. be proficient in English. Non-native English speakers must have a score of **at least TOEFL iBT 79 or IELTS 6.5*****
6. be able to arrive in Sapporo by late September or first week of April

Please check HUSTEP application guidelines for complete eligibility requirements.

Application Procedure

For details, please check the HUSTEP website.

<https://www.global.hokudai.ac.jp/admissions/exchange-student-admissions/exchange-programs-in-english-hustep/>

There is a screening process and not all students who apply will be accepted.

* Students must take a minimum of 10 hours of classes (7 classes) per week to meet visa requirements.

** One Year Course students are required to obtain at least 10 credits in each semester, and at least 8 of these credits should be from core classes.

*** In exceptional cases, a different internationally recognized English test result may be accepted.

Classes

from a previous year

Core Classes



Culture and Society

- Animal-Human-Technology: Thoughts and Theories
- Anthropology: History and Debates
- Aspects of Consumption in Japan
- Career Planning
- Contemporary Japanese Society
- Countries and Culture
- Critical English Education
- Does God Exist? The Great Debate
- Drama and Oral Interpretation
- Dynamic and Effective Presentations
- English Education in Japan
- Ethnographies of Japanese Culture
- Gaming International Relations
- Gender and Sexuality in Contemporary Japan
- Globalization and Sustainability in Japanese School Education
- Historical International Experiences
- Hokkaido History
- Hokkaido: Then and Now

- How We Learn Languages
- Imperial Russian History from Peter to Petrograd
- Indigenous Peoples and Education
- Interpersonal Communication
- Historiography
- Japanese Politics
- Japanese Society
- Japanese Studies
- Social Theory
- Tourism Studies
- Japan and Multiculturalism
- Japanese Economy
- Japanese Foreign Policy
- Japanese Management
- Japanese Media and Popular Culture
- Japanese Political Economy
- Language Issues in a Globalized World
- Law, Rights, and Legal Culture

- Methods in Language Teaching
- Modern Japanese History
- Multiculturalism in Hokkaido and Japan
- Music and Culture
- Music Psychology
- Personal Stories and Religion
- Political Economy of Japan and East Asia
- Practicing Basic Natural Everyday English
- School Education and Society in Japan
- Sex, Gender and Hospitality in Japanese Society
- Social Inequality in Post-Growth Japan
- Special Topics in Media Studies
- Sustainability Studies beyond Hollywood Films
- The Age of Total War: World History: 1904-1945
- The Politics of History in East Asia
- Thinking about Meiji Thinkers
- Topics in Japanese Thought
- Truth of Human Language Syntax
- Workshop on Critical Thinking

Science, Technology and Environment

- Advanced Fluid Engineering
- Agriculture in Hokkaido
- Applied Animal Ecology
- Applied Mathematics for Engineering Mechanics
- Basic Principles of Inorganic Chemistry
- Biomechanics of Circulation
- Calculus
- Chemistry and English for Life Science
- Concrete Engineering
- Dynamics of Civil Engineering Structures
- Environmental Science for Biological Resources
- Essential Organic Chemistry
- Essential Physics
- Field Bioscience in the Northern Biosphere
- Food Resources and Environment
- Food, Nutrition and Culture in Japan
- General Biology
- General Chemistry
- Genetics
- Geotechnical Foundation Engineering
- Highway Engineering
- History of Geology
- Hydrology, Water Resources and River Engineering
- Infrastructure Maintenance Engineering

- Integrated Science
- International Project
- Animal Physiology
- Biodiversity Study
- Environmental Earth Science
- Marine Science
- Robotics
- Lifetime Engineering for Civil Infrastructure
- Linear Algebra
- Maintenance Engineering
- Mathematics and Physics of Metabolic Organization
- Mechanical Vibration and Control
- Medical Device and Biomaterials
- Modern Trends in Organic Chemistry and Biological Chemistry
- Modern Trends in Physical and Material Chemistry
- Overview of Energy Technology and Policy
- Phylogenetics
- Planet Earth and Environmental Footprint
- Resources Sustainability
- Science and Technology in History
- Solid Mechanics and Materials
- Space Propulsion Engineering
- Space Utilization Engineering
- Strength and Fracture of Materials

- Theory and Practice of Algorithms
- Theory of Computation
- Thermodynamics and Electromagnetism
- Vibrations in Engineering

Japanese Language

- Japanese Language Classes

Independent Study

- Independent Study

For the most recent course list and syllabi, please refer to the HUSTEP website.

The classes listed above and the independent study are worth 2 credits each.
The Japanese language classes are 1 or 2 credits each.

Class Schedule

from a previous year

Time Table	Monday	Tuesday	Wednesday	Thursday	Friday
1st 8:45-10:15	Japanese Language	Japanese Language	Japanese Language	Japanese Language	Japanese Language
		Linear Algebra	Science and Technology in History	Calculus	
2nd 10:30-12:00	Japanese Language	Japanese Language	Japanese Language	Japanese Language	Japanese Language
		Topics in Japanese Thought	Methods in Language Teaching	Personal Stories and Religion	How We Learn Language
3rd 13:00-14:30	Japanese Language	Japanese Language	Japanese Language	Japanese Language	Japanese Language
	Topics in Japanese Thought	General Biology	School Education and Society in Japan	Contemporary Japanese Society	General Chemistry
		Gender and Sexuality in Contemporary Japan	Imperial Russian History from Peter to Petrograd	Language Issues in a Globalized World	Chemistry and English for Life Science
4th 14:45-16:15	Environmental Earth Sciences	Hokkaido History	Multiculturalism in Hokkaido and Japan	Japanese Management	Career Planning
	The Age of Total War: History 1904-1945	The Politics of History in East Asia	Workshop on Critical Thinking	Applied Animal Ecology	
		Food Resources and Environment	Sustainability Studies beyond Hollywood Film	Music and Culture	English Education in Japan
5th 16:30-18:00	Countries and Culture	Hokkaido: Now and Then	International Project	Japanese Economy	Environmental Science for Biological Resources
	Essential Physics	Music Psychology	Japanese Foreign Policy		
		Agriculture in Hokkaido	Essential Organic Chemistry	Anthropology: History and Debates	

* On average, students take one Japanese language class and one core class per day.

HUSTEP

Calendar

The following is the 2018-2019
Academic Calendar

Cultural Activities



Academic Calendar

Late September Arrival

September 26 Program Orientation

September 27 Classes Begin (Fall Semester)

October Entrance Ceremony

December 26 - January 3 Winter Break

Mid-Feb Cultural Activities

February 6 Last Day of Classes



September



October



November



December



January



February





February 7 - Early April Spring Break

Early April Arrival

Early April Classes Begin (Spring Semester)

Early August Last Day of Classes



March



April



May



June



July



August



Voices

Participant Views of HUSTEP

“HUSTEP was an amazing and unforgettable experience!”



I was lucky to be a part of HUSTEP. It was one of the most amazing and unforgettable experiences in my life! I made lots of friends from many different countries. It was nice to study in Japan in such a culturally diverse environment.

I was able to become a member of the Tea Ceremony Club. It was a great opportunity for me to learn about Japanese traditional customs. It was also a great place for improving my Japanese. I was able to participate in other cultural activities such as Calligraphy and Aikido. I also enjoyed wearing a kimono, seeing beautiful cherry blossoms, and traveling around beautiful Japan.

I have grown a lot in this wonderful exchange program. I have become more self-confident, independent and outgoing.

**Ishini
Dissanyaka**

University of Peradeniya
Sri Lanka
Major: World History



During my stay, I was able to take part in Calculus and Linear Algebra classes which are both the bedrock of my major as an industrial mathematics student. This helped me to learn and understand the real applications of mathematics in solving real life situations and not just solving mathematical problems in class.

Another unforgettable part of HUSTEP was meeting and sharing ideas with people from different countries. I was able to make many amazing friends from around the world.

The Japanese cultural events such as calligraphy helped me gain insights into Japanese culture. Seeing snow for the first time was exciting. All of these experiences will forever remain fresh in my mind. It was really a great opportunity!



**James
Ugochukwu
Nwebonyi**

Ebonyi State University
Nigeria
Major: Industrial Mathematics

**“I learned practical knowledge
and made many friends!”**



“I learned both inside and outside the classroom!”



**Rahmadani
Primanindita
Airlangga**



Bogor Agricultural University
Indonesia
Major: Agriculture

I was fortunate to be able to participate in HUSTEP. I had many opportunities to not only learn subjects outside my major, but also practical life skills. I participated in “Inakappe” circle, where I was able to interact with Japanese students, and experience various farming activities in Hokkaido. I had chances to talk with Hokkaido farmers about agriculture and their work. These experiences gave me new insights, especially as an agronomist.

HUSTEP courses also gave me opportunities to not only passively listen to the lectures, but also have class discussions and presentations. It was such a fun setting, where everybody can take part in the discussions and exchange ideas.

Being part of HUSTEP changed my life. Through this experience, I was able to learn new things and made new bonds. During my stay, I was able to be a student volunteer at some intercultural camps. The goal of these camps was to immerse in Japanese culture and converse with Japanese locals. I have experienced barbecues, going rafting, and learning about the Ainu culture. I was able to communicate with Japanese locals, helping them see their own society from a different point of view and sharing the Filipino culture with them. My perspectives widened as I encountered different cultures, beliefs, and traditions. One of the best experiences which I will forever cherish!

“My perspectives widened as I encountered different cultures, beliefs, and traditions”

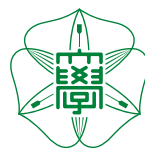


**Allen
Bernabe
Baylosis**



University of the Philippines Diliman
Philippines
Major: Speech Communication

Dr. William S. Clark:
Founding Father of Hokkaido University



HOKKAIDO UNIVERSITY

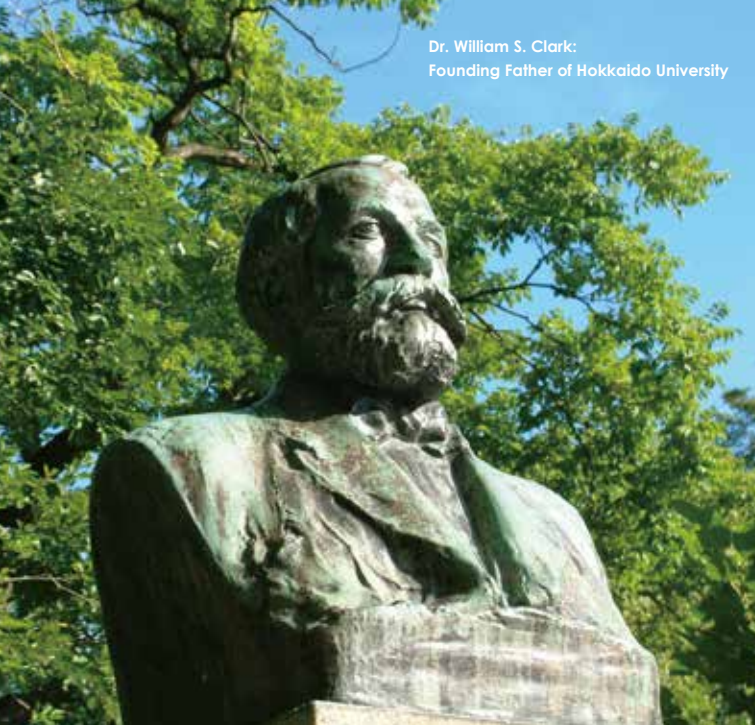
Founded in 1876, Hokkaido University is one of the oldest, largest and most prestigious universities in Japan.

Our students and researchers come from all over the world and all backgrounds to prepare for a life of new challenges. We are unique among Japan's leading universities in the breadth of disciplines we offer, providing a variety of opportunities for personal growth and all-round education that develops unique insights and broader perspectives.

In the heart of Japan's northern city of Sapporo, our main campus provides the perfect balance of natural scenery with state-of-the-art teaching, research and student support facilities. Our academics pursue excellence in teaching, reaching across disciplines to offer the very best in innovative and broad based education. Learning from these top academics exposes Hokkaido University students to excellence and challenges them to succeed as leaders in whatever career they choose.

At Hokkaido University, there is more to student life than just lectures. An abundance of opportunities await international students to become part of the many activities available on campus. Students can join one of over 250 clubs, participate in sporting activities, visit the university's museum, attend a university festival or just relax with friends in one of the many university cafeterias in between lectures. Hokkaido University offers students the chance to gain valuable experiences and to make new friends. Your year abroad here at 'Hokudai' will be one to cherish for a lifetime.

Hokkaido University website : <https://www.global.hokudai.ac.jp/>



Faculty of Agriculture



Model Barn



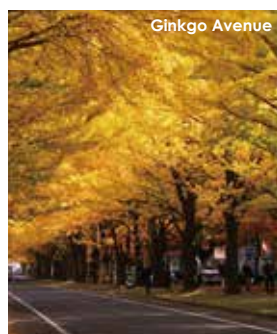
Poplar Avenue



Furukawa Hall

Quick Facts

- Total Enrollment: 18,713
- Undergraduate Students: 11,959
- Graduate Students: 6,669
- Research Institute Students: 85
- International Students: 2,223
- Partner Universities: 681
- Faculty and Staff: 3,945
- University Color: Forest Green
- University Flower: Trillium
(as of May, 2019)



Ginkgo Avenue



Sakushukotoni
River



The Hokkaido
University
Museum

Life in Sapporo

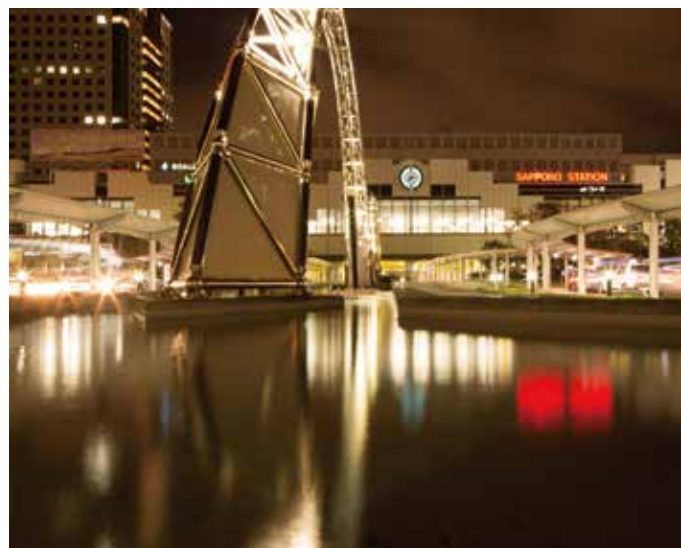
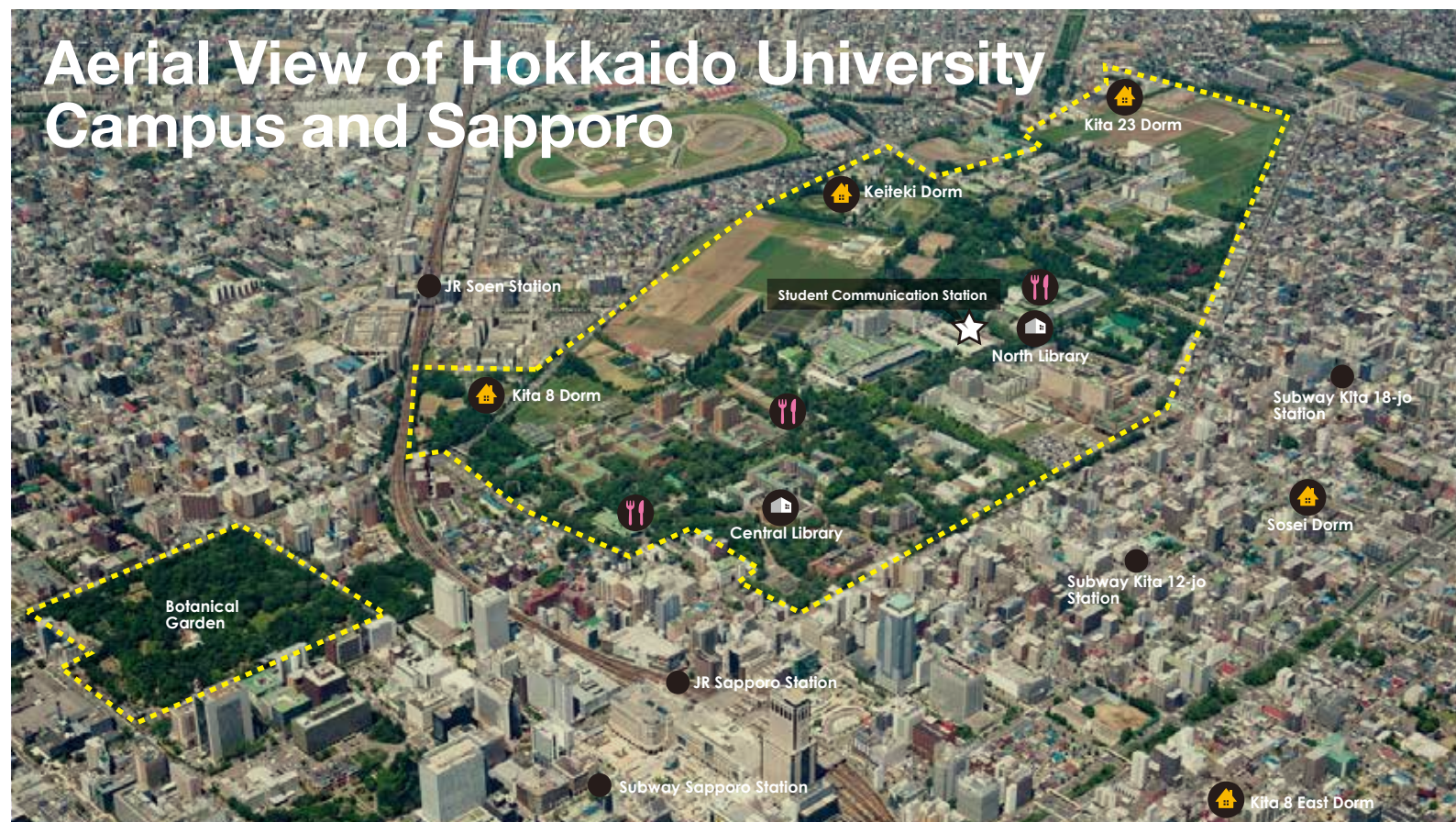


Sapporo, the city in which you'll be living, is Japan's fifth largest city with a population of almost 2 million people. Sapporo is known for its amazing food, unique history, natural beauty, and cosmopolitan character. With its fashionable restaurants, great shopping areas and relaxed atmosphere, it is often rated as the most desirable place to live in Japan.

Sapporo provides an excellent quality of life and an affordable cost of living for students.

Sapporo City website: <http://www.city.sapporo.jp/city/english/>

Aerial View of Hokkaido University Campus and Sapporo





HOKKAIDO
UNIVERSITY

CONTACT

Student Exchange Division, Academic Affairs Department

Hokkaido University
Kita 15, Nishi 8, Kita-ku, Sapporo 060-0815 JAPAN
E-mail : hustep@oia.hokudai.ac.jp
Phone : +81-(0)11-706-8059

Hokkaido University HUSTEP 

<https://www.global.hokudai.ac.jp/admissions/exchange-student-admissions/exchange-programs-in-english-hustep/>

