

Regarding the Measures to Prevent Further Novel Coronavirus Transmission ~ To Hokkaido University Faculty and Staff

18 March 2020

Hokkaido University

CURRENT STATUS

- Virus is invisible. Particularly younger people tend to maintain normal health conditions without any obvious covid-19 symptoms, and therefore have a risk to unconsciously infect others.
- According to the data collected until now, there are only a few patients who have caused secondary infection in Japan (about 2%). The analysis of common sample cases for secondary infection has clarified that it is risky to have conversation for a certain time by multiple people in a closed space with less fresh air circulation, and in a very short distance with each other.

REQUIRED MEASURES

- Referring to the above data, please cancel or postpone gatherings, parties, field trips, etc., and ask your students to cancel or postpone extracurricular activities, student society activities, any tournament participation, field trips. Please avoid planning any home parties and official luncheons/meals with several people, and ask your students to follow the same.
- Unnecessary and unurgent business trips in/outside the country (including private trips and accepting any external people to the University) shall be avoided for a while, considering Hokkaido is actually highly risky area of covid-19 infection. Please consider switching to online meetings, and prevent any actions which may spread covid-19 transmission to overseas and other prefectures in Japan.
- Inside buildings, please try to have adequate ventilation; even if it shall depend on the size of room, 5-10 minutes per 1-2 hours should be generally required. In case of meetings, etc., please limit the number of attendees and meeting time, while maintaining a certain distance among attendees. Unless having this sort of measures, any extracurricular or student society-related activities should be cancelled. There is no restriction requested for outdoor or solo activities.

COOPERATION BY INDIVIDUALS

- Please maintain your health conditions, and if having any cold symptoms or fever (over 37.5 degrees Celsius), stay at home; those who work at Hokkaido University Hospital and the Kodomo-no-Sono University Nursery are not allowed to come to work.
- The Government of Japan recommends those who have any cold symptoms or fever of 37.5 degrees Celsius over 4 days to make a call to arrange doctor's appointment. In that case, please contact the Consultation Centre for Returners and Contactees (Health Centre) (Tel. 011.272.7119)

to follow their instruction and let the section in charge (General Affairs Section, etc.) of your Faculty/Department know about that. Upon seeing a doctor, please consider wearing a mask and refrain from using public transportation.

In order to prevent further covid-19 transmission, responsible actions and consideration by each of you are highly requested.

*Your cooperation related to the information above was initially requested until 19 March, however, we have decided to extend the period until further notice considering the present circumstances.