

Regarding the Measures to Prevent Further Novel Coronavirus Transmission

~ To Students

18March 2020

Hokkaido University

CURRENT STATUS

- Virus is invisible. Particularly younger people tend to maintain normal health conditions without any obvious covid-19 symptoms, and therefore have a risk to unconsciously infect others.
- According to the data collected until now, there are only a few patients who have caused secondary infection in Japan (about 2%). The analysis of common sample cases for secondary infection has clarified that it is risky to have conversation for a certain time by multiple people in a closed space with less fresh air circulation, and in a very short distance with each other.

REQUIRED MEASURES

- Referring to the above data, please cancel or postpone gatherings, parties, field trips, extracurricular activities, student society activities, any tournament participation. Please avoid planning any home parties and official luncheons/meals with several people.
- Any trips in/outside the country (including visiting your parents) shall be avoided for a while, considering Hokkaido is actually highly risky area of covid-19 infection. Please prevent any actions which may spread covid-19 transmission to overseas and other prefectures in Japan.
- Inside buildings, please try to have adequate ventilation; even if it shall depend on the size of room, 5-10 minutes per 1-2 hours should be generally required. In case of meetings, etc., please limit the number of attendees and meeting time, while maintaining a certain distance among attendees. Unless having this sort of measures, any extracurricular or student society-related activities should be cancelled. There is no restriction requested for outdoor or solo activities.

COOPERATION BY INDIVIDUALS

- Please maintain your health conditions, and if having any cold symptoms or fever (over 37.5 degrees Celsius), stay at home. If you live alone, just in case, please consider purchasing some food stocks for a couple of days.
- The Government of Japan recommends those who have any cold symptoms or fever of 37.5 degrees Celsius over 4 days to make a call to arrange doctor's appointment. In that case, please contact the Consultation Centre for Returners and Contactees (Health Centre) (Tel. 011.272.7119) to follow their instruction and let the section in charge (Academic Affairs Section, etc.) of your Faculty/Department know about that. Upon seeing a doctor, please consider wearing a mask and refrain from using public transportation.

In order to prevent further covid-19 transmission, responsible actions and consideration by each of you are highly requested.

*Your cooperation related to the information above was initially requested until 19 March, however, we have decided to extend the period until further notice considering the present circumstances.