

If you are diagnosed with Novel Coronavirus (COVID-19) or concerned about your symptoms

Under a Government of Japan Cabinet Order designating the Novel Coronavirus infection as a Designated Infectious Disease, the *School Health and Safety Act* recognizes it as a Class I Infectious Disease. HU has set a policy on attendance in emergency situations below as preventing infections and their spread should be a priority in educational settings.

1. Mandatory leave of absence

Under the provisions of Article 19 of the *School Health and Safety Act*, HU places the student who tests positive for Novel Coronavirus or who has any of the following symptoms on a university-mandated leave of absence.

We ask that you (the student) self-isolate and not come to campus. The mandatory leave must be taken if:

- 1) You have been diagnosed with Novel Coronavirus infection at a medical institution;
- 2) Either you have had the symptoms of cold or your body temperature has been at or above 37.5 degrees C (99.5 degrees F) for 4 days or longer; or you have been taking fever reducers/antipyretics; or
- 3) You feel groggy and heavy, and/or have breathlessness/difficulty breathing

2. Period of leave of absence

- 1) When you fall into 1-1) above (diagnosed with Coronavirus):

As provided in Article 19, paragraph 1 of the *Ordinance of Enforcement of the School Health and Safety Act*, the period of the mandatory leave of absence is "until a full recovery is achieved". When returning to HU, the student who was on the mandatory leave of absence must hand in a doctor's certificate to the Academic Affairs Office of his/her school to prove that he/she has fully recovered from Coronavirus and poses no infection threat to the others.

- 2) When you fall into 1-2) or 1-3) above (showing Coronavirus symptoms):

Seek advice from the local public health department ("hoken-jo") by phone. They will advise you of which medical institution you should visit. If you test positive for Novel Coronavirus, the period of the mandatory leave of absence is "until a full recovery is achieved". If you test negative, self-isolate until all symptoms resolve.

3. Missed classes

You will not be disadvantaged in any way when being placed on a university-mandated leave of absence. Alternative options (e.g. writing assignment, makeup exam) will be arranged for the missed classes. Upon full recovery and return to HU, ask the academic staff who are in charge of classes for further advice.

4. Requirements when you have a confirmed case of Novel Coronavirus infection or concerns about your symptoms

If you fall into any of 1-1), 1-2) or 1-3), regardless of being a confirmed case or not, you must contact the Academic Affairs Office of your school by phone or email (DO NOT come to the campus) and provide below details. It is highly important that the Coronavirus-affected patients share their information with us to safeguard HU community from the threat of the virus and stop possible secondary and further infections.

- 1) The date you were diagnosed with Novel Coronavirus
- 2) Where you were diagnosed (name and location of hospital etc)
- 3) Your current health
- 4) The date when a fever and/or respiratory symptoms such as cough started
- 5) History of travel abroad within 1 month before the diagnosis (if having been abroad, provide the name of the country & city stayed and the period of stay)
- 6) People in the HU community (friends and university staff) whom you have had contact with since the disease onset (plus the dates and names of the classes you attended).
- 7) Your doctor's outlook based on the diagnosis you are given

5. Information for close contacts* of a confirmed case

If you have or may have been in close contact with Novel Coronavirus infected patients, please phone/email the Academic Affairs Office of your school immediately. Once identified as having been in close contact with an infected source, you must self-isolate for 14 days from the last date of close contact. During the self-isolation period you should keep an eye on your general health and take temperature every morning and evening. If you have a fever at or above 37.5 degrees C (99.5 degrees F) and any respiratory symptoms, phone up the local public health department helpline† below for instructions first (do not visit a doctor or clinic), then phone/email your Academic Affairs Office.

HU handles your absence from classes due to self-isolation in accordance with the above "3. Missed classes".

*"Close contacts" include:

- 1) Sharing residence or staying in an enclosed area for long hours (incl. vehicles and aircrafts) with possible Novel Coronavirus infected individuals;
- 2) Performing medical examination for, nursing or caring possible Novel Coronavirus infected patients when you are not equipped with bio-protective suits and gear; and
- 3) Having a direct [skin] contact with the respiratory secretion or body fluid of possible Novel Coronavirus infected individuals.

†City of Sapporo Public Health Department "Kyukyu Anshin Center Sapporo"

Phone 011-272-7119

Lines open 24/7 & 365 days a year; available in English, Chinese, Korean, Thai, Malay and Russian

Alternatively, you can phone:

Japan Visitor Hotline (Japan Tourism Agency)

Phone 050-3816-2787

Lines open 24/7 & 365 days a year; available in English, Chinese, Korean and Japanese