

Regarding the Measures to Prevent Further Novel Coronavirus Transmission ~ To Hokkaido University Faculty and Staff

10 April 2020
Hokkaido University

CURRENT STATUS

- Virus is invisible. Since younger people are less likely to show obvious signs and symptoms of COVID-19, they may unknowingly spread infection to many others.
- According to the data collected so far and the analysis of common factors related to secondary infection have clarified that it is high risk to have conversation with multiple people within an arm's reach in a closed space with insufficient ventilation for more than certain minutes. This can be summarized as "Three Cs (Closed spaces, Crowded places and Close-contact settings)" as addressed by the Japanese government, or in a more global language, "social [physical] distancing".

REQUIRED MEASURES

- With due consideration of the above, please cancel or postpone gatherings, parties, training camps, etc., and instruct students to cancel or postpone any game/tournament participation as part of extracurricular activities or student social activities, and training camps organized by students. Do not organize home parties or official luncheons/meals for multiple people; do instruct students to follow these measures. Although the measures do not restrict your comings and goings, instruct students not to organize regular meetings or irregular meet-ups for the members of extracurricular/student social activities for the time being.
- **Avoid** all non-essential domestic and international travel (including private visits and new students/researchers intake from overseas) until further notice amid concerns that movement of people may trigger further COVID-19 infection amongst residents in Hokkaido and elsewhere. Switch to web meetings as much as possible, and avoid activities which contribute to further COVID-19 spread to overseas and other prefectures in Japan.
- Inside buildings, please try to have adequate ventilation; even if it shall depend on the size of room, 5-10 minutes per 1-2 hours should be generally required. In case of meetings, etc., please limit the number of attendees and meeting time, while maintaining a certain distance among attendees. Unless having this sort of measures, any extracurricular or student society-related activities should be cancelled. There is no restriction requested for outdoor or solo activities.

COOPERATION BY INDIVIDUALS

- Please maintain your health conditions, and if having any cold symptoms or fever (over 37.5 degrees Celsius), stay at home; those who work at Hokkaido University Hospital and the

Kodomo-no-Sono University Nursery are not allowed to come to work.

- The Government of Japan recommends those who have any cold symptoms or fever of 37.5 degrees Celsius over 4 days to make a call to arrange doctor's appointment. In that case, please contact the Consultation Centre for Returners and Contactees (Health Centre) (Tel. 011.272.7119) to follow their instruction and let the section in charge (General Affairs Section, etc.) of your Faculty/Department know about that. Upon seeing a doctor, please consider wearing a mask and refrain from using public transportation.

In order to prevent further COVID-19 transmission, responsible actions and consideration by each of you are highly requested.

*Your cooperation related to the information above was initially requested until 19 March, however, **we have decided to extend the period until further notice** considering the present circumstances.