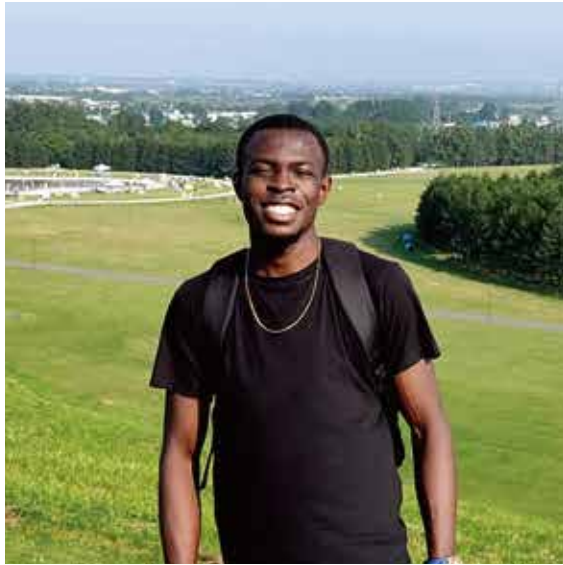


# Participant Views of HUSTEP



HUSTEP was not just an exchange program but the experience of a lifetime. I was changed for the better and saw life from a different perspective. The chance to enroll in classes outside my undergraduate major allowed me to acquire knowledge in diverse fields. Furthermore, working in the laboratory of molecular cell dynamics provided advanced laboratory experience and knowledge about doing laboratory experiments and writing research reports. Most importantly, through HUSTEP, I realized a future that I could pursue, and I developed greater self-esteem.

**Victor Njoku**

Ebonyi State University, Nigeria



Participating in HUSTEP was an excellent chance to develop as a person and researcher. I was able to do an independent study together with a Japanese professor. This research was a comparison of the mythological traditions in Japan and Russia. I did a literature survey based on this research topic in the first semester. In the second semester, I wrote a report and gave a presentation based on the research results. Discussing my research with Japanese students helped me understand a different perspective. It was a great learning experience. I was lucky to be part of HUSTEP.

**Artem Kalinin**

Far Eastern Federal University, Russia



Being part of HUSTEP was a great experience. I joined the Tea Ceremony Club, which allowed me to learn about Japanese traditional customs. The members were kind and welcomed me warmly. Japanese tea ceremony positively impacted me and taught me about manners, beauty, simplicity, respect, appreciation, discipline, and humility. HUSTEP has opened my mind and changed my worldview. I've become more confident and a better person.

**Avillia Yufensi Ngagalan**

University of Palangka Raya, Indonesia



Participating in HUSTEP was one of the best decisions of my academic life. Even during the pandemic, it was a wonderful learning experience. I could take various HUSTEP and Japanese language courses with the best and most caring professors. I could study the Japanese language, history, culture, politics, management, and economy. I was also able to learn from my fellow exchange students. It's an amazing program that allows you to learn a great deal and make friends with people worldwide.

**Yesugen Bazar-Uugan**

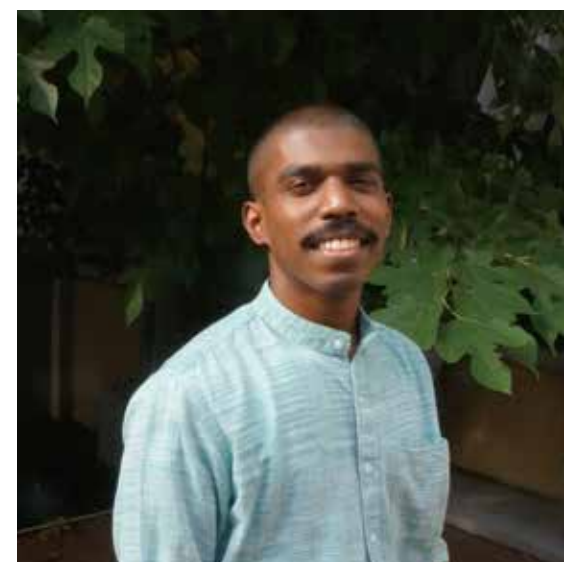
National University of Mongolia, Mongolia



I enjoyed my time at Hokkaido University and had many amazing experiences. In addition to my studies, I joined the kendo club. The club members were welcoming and helpful. I went to practice three times per week. At the training sessions, members gave me feedback to help me improve. It was a good opportunity to practice and improve my Japanese. It was also an insight into Japanese culture, which was fascinating as a Japan scholar.

**Joar Folcker**

Aarhus University, Denmark



This was a time of great learning, exploration, and growth is how I would sum up my time in HUSTEP. An exchange abroad can be daunting, given that I would spend time away from my comfort zones and support structures back home. However, my experiences at Hokkaido University were extremely positive. I enjoyed my studies and student life in Sapporo. The friends that I've made here have been amazing. The exposure to various nationalities while exploring Japanese culture was exciting and enlightening.

**Navaneeth Chirag**

Indian Institute of Technology Madras, India