

SHORT-TERM EXCHANGE PROGRAM

HUSTEP

2024-2025

Live in Japan, Study in English



HOKKAIDO
UNIVERSITY



HUSTEP broadens your horizons!

The Hokkaido University Short-Term Exchange Program (HUSTEP) is a 'junior year abroad' type program designed to provide undergraduate students from affiliated universities with the opportunity to study in Japan at Hokkaido University. Participants in this program take a wide variety of classes offered in English. Students also have the chance to study the Japanese language. In addition, some participants can pursue independent study research under the guidance of a faculty member. There will also be an opportunity to take part in numerous traditional Japanese cultural activities. Students admitted to the program are eligible to apply for a scholarship.

HUSTEP provides a safe and caring environment in which to carry out your academic studies and broaden your horizons. Participating in HUSTEP will help to prepare you for the future with knowledge and experiences that will last a lifetime. In addition, you will have a wonderful opportunity to meet and make friends with many Japanese people as well as international students from all around the world who come to study at Hokkaido University.

We would like to invite motivated university students from ALL disciplines to participate in HUSTEP.





Program Details

HUSTEP offers students the choice of participating in the One Year or Half Year Course.

The One Year Course allows students to study for two semesters and take classes in English as well as Japanese language classes. In addition, students have the option to do an independent study under the guidance of a faculty supervisor. As part of the independent study, students may have a chance to study in a lab or attend seminars with Japanese students in various faculties.

The Half Year Course allows students to study for one semester and take classes in English and Japanese language classes.

Students should choose carefully since switching courses is not permitted. Course details are listed below.

Course Overview	One Year	Half Year (Fall)	Half Year (Spring)
Core Classes (in English)	Yes	Yes	Yes
Japanese Language Classes	Yes (optional)	Yes (optional)	Yes (optional)
Independent Study	Yes (optional)	No	No
Course Completion Requirements	Yes**	No*	No*
Study Period	Late September, 2024- Early August, 2025	Late September, 2024- Mid-February, 2025	Early April, 2025- Early August, 2025
Application Deadlines	February 9, 2024	February 9, 2024	October 25, 2024 Submit applications in October

Eligibility

To be eligible to apply for HUSTEP, students must:

1. be an undergraduate student from an exchange partner university
2. be enrolled and pay tuition fees at their home universities during study in Japan
3. have completed **at least two years of undergraduate study** prior to arrival in Japan
4. have **GPA of 3.0 (B) or better** on a 4.0 scale or equivalent
5. be proficient in English. Non-native English speakers must have a score of **at least TOEFL iBT 79 or IELTS 6.5**
6. be able to arrive in Sapporo by late September or first week of April

Please check HUSTEP application guidelines for complete eligibility requirements.

For details, please check the HUSTEP website.
<https://www.global.hokudai.ac.jp/admissions/exchange-student-admissions/exchange-programs-in-english-hustep/>



Application Procedure

*** Incomplete or late applications will not be accepted.**

*** There is a screening process and not all students who apply will be accepted.**

*** Please note that due to a limited number of scholarships offered, only a few students will be able to receive them.**

* Students must take a minimum of 10 hours of classes (7 classes) per week to meet visa requirements.
** One Year Course students are required to obtain at least 10 credits in each semester, and at least 8 of these credits should be from core classes.

Classes

For reference:
Spring 2023 Syllabus

check here!



Fall 2023 Course List

check here!



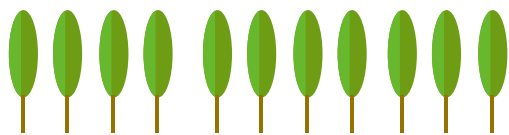
Class Schedule from a previous year

Time Table	Monday	Tuesday	Wednesday	Thursday	Friday
1st 8:45-10:15	Japanese Language	Japanese Language	Japanese Language	Japanese Language	Japanese Language
		Linear Algebra	Science and Technology in History	Calculus	
2nd 10:30-12:00	Japanese Language	Japanese Language	Japanese Language	Japanese Language	Japanese Language
		Topics in Japanese Thought	Methods in Language Teaching	Personal Stories and Religion	How We Learn Language
3rd 13:00-14:30	Japanese Language	Japanese Language	Japanese Language	Japanese Language	Japanese Language
	Topics in Japanese Thought	General Biology	School Education and Society in Japan	Contemporary Japanese Society	General Chemistry
		Gender and Sexuality in Contemporary Japan	Imperial Russian History from Peter to Petrograd	Language Issues in a Globalized World	Chemistry and English for Life Science
4th 14:45-16:15	Environmental Earth Sciences	Hokkaido History	Multiculturalism in Hokkaido and Japan	Japanese Management	Career Planning
	The Age of Total War: History 1904-1945	The Politics of History in East Asia	Workshop on Critical Thinking	Applied Animal Ecology	English Education in Japan
		Food Resources and Environment	Sustainability Studies beyond Hollywood Film	Music and Culture	
5th 16:30-18:00	Countries and Culture	Hokkaido: Now and Then	International Project	Japanese Economy	Environmental Science for Biological Resources
	Essential Physics	Music Psychology	Japanese Foreign Policy	Anthropology: History and Debates	
		Agriculture in Hokkaido	Essential Organic Chemistry		

* On average, students take one Japanese language class and one core class per day.



Academic Calendar



The following is the 2024-2025
Academic Calendar (tentative)



Late September Program Orientation

Early October Classes Begin (Fall Semester)

Late December to Early January Winter Break

Early February Last Day of Classes



September



October



November



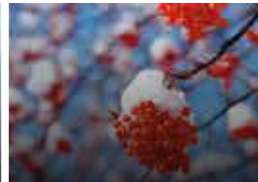
December



January



February





Early February to Early April Spring Break

Early April Classes Begin (Spring Semester)

Early August Last Day of Classes



March



April



May



June



July



August

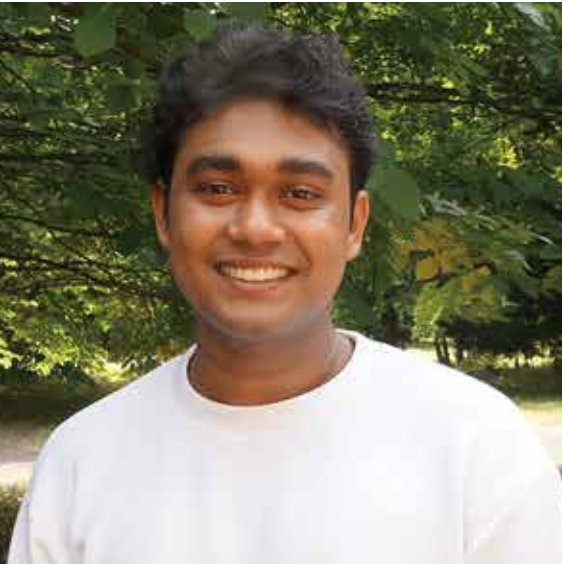


Participant Views of HUSTEP



HUSTEP offers an open and inclusive environment that encourages diversity. The people that I met were open-minded, tolerant, and friendly. I never experienced any racism or discrimination here. If you are a Muslim, Hokkaido University is close to a Mosque and Islamic Center. The university also has a Mushalla (prayer room) in some buildings. There are Halal restaurants and stores nearby. I made friends from many countries. They supported me and helped me feel accepted. Joining HUSTEP is one of the best decisions that I ever made in my life!

Khansa Auliya Devanka
IPB University, Indonesia



Participating in HUSTEP was not just a student exchange but an experience of a lifetime. I enrolled in classes outside my undergraduate major, allowing me to gain knowledge in diverse fields and acquire new skills. Studying Japanese helped me to learn language skills for communication. Maintaining an active lifestyle was made easy by the various clubs and facilities. I loved the university's gym, which boasted state-of-the-art fitness facilities. Regular workouts and exercise routines kept me energized and healthy, complementing my journey of exploration.

Sreejith Rameshan Rajani
Indian Institute of Technology, Hyderabad, India



Going on exchange to Hokkaido University was one of the best decisions I've ever made. In addition to my studies in the classroom, I learned a lot outside of class. I got to travel to many different places in Japan. I made friends with many Japanese in Sapporo. This allowed me to improve my Japanese language skills. I also made many friends from different countries and learned much about the world. Participating in HUSTEP was not only about learning more about Japan but about the whole world.

Maika Kubo Truong
University of Washington, USA



My favorite experience was meeting with Japanese students. I had several opportunities to interact with Japanese high school students from different parts of Japan. I explained the value of learning English and studying abroad. I also participated in a panel discussion at Hokkaido University for over 400 first-year Japanese university students. I described my study abroad experience. I discussed how to overcome challenges and the advantages of studying abroad. My time in HUSTEP was life-changing. I highly recommend this program to anyone interested in studying abroad.

G. K. Dulmini Tharushika

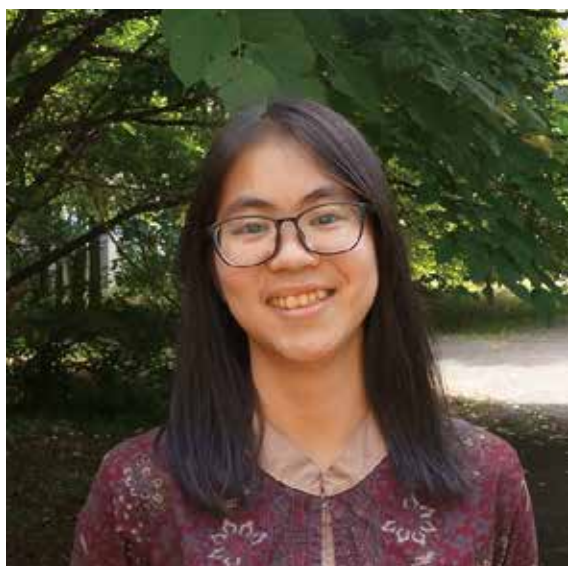
University of Peradeniya, Sri Lanka



One of the highlights of my HUSTEP exchange was the dormitory life. Living in the Keiteki dorm was an unforgettable experience. It served as a cultural meeting point, gathering people from all over the world to live together under the same roof. Dorm life included many dinners, birthday parties, movie nights, and spontaneous get-togethers. It was an intense way of living in all the best ways. My friends at the dorm made the place feel like home. Cooking, eating, discussing, and joking around together, day after day, built a bond between us that will last a lifetime. The Keiteki dorm will forever hold a special place in my heart.

Valentin Jutila

Aalto University, Finland



Participating in HUSTEP was an enjoyable and meaningful experience. There are many fascinating courses offered. They range from science courses to social studies courses. The Japanese language courses helped me to improve my Japanese language proficiency. I also joined Hokkaido University's Women's Basketball Club. Although most members spoke only Japanese, I felt welcomed in every practice session. Talking to the club members allowed me to practice and improve my Japanese. Joining the club helped me to stay active during my studies. Being a part of HUSTEP has positively impacted my life.

Virgitta Bernadette Rahardja

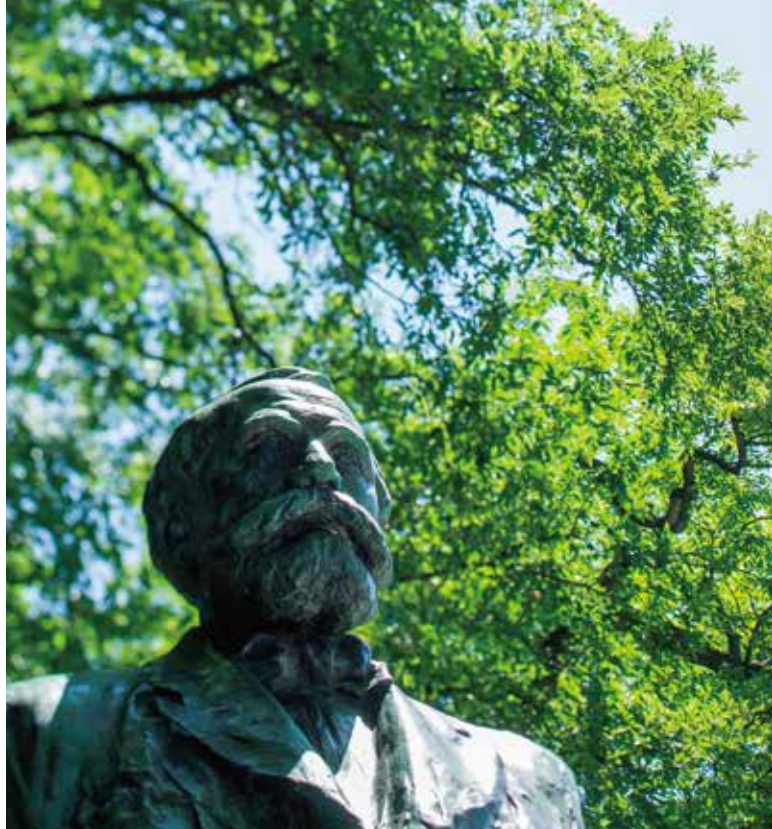
Swiss German University, Indonesia



HOKKAIDO UNIVERSITY

Founded in 1876, Hokkaido University is one of the oldest, largest and most prestigious universities in Japan. We are unique among Japan's leading universities in the breadth of disciplines we offer, providing a variety of opportunities for personal growth and all-round education that develops unique insights and broader perspectives.

In the heart of Japan's northern city of Sapporo, our main campus provides the perfect balance of natural scenery with state-of-the-art teaching, research and student support facilities. Our academics pursue excellence in teaching to offer the best in innovative education. Learning from these top academics exposes students to excellence and challenges them to succeed as leaders in whatever career they choose.



At Hokkaido University, there is more to student life than just lectures. An abundance of opportunities await international students on campus. Students can join one of over 250 clubs, participate in sporting activities, visit the university's museum, attend a university festival or just relax with friends on campus. Hokkaido University offers students the chance to gain valuable experiences and to make new friends. Your year abroad at 'Hokudai' will be one to cherish for a lifetime.

Hokkaido University website : <https://www.global.hokudai.ac.jp/>



University Data

- Total Enrollment: 18,057
 - Undergraduate Students: 11,315
 - Graduate Students: 6,585
 - Research Institute Students: 157
 - International Students: 2,177
 - Partner Universities: 748
 - Faculty and Staff: 3,920
 - University Color: Forest Green
 - University Flower: Trillium
- (as of May, 2023)



Life in Sapporo

Sapporo is Japan's fifth largest city with a population of almost 2 million people. Sapporo is known for its amazing food, unique history, natural beauty, and cosmopolitan character. With its fashionable restaurants, great shopping areas and relaxed atmosphere, it is often rated as the most desirable city to live in Japan. Sapporo provides an excellent quality of life and an affordable cost of living for students.

Sapporo City website: <http://www.city.sapporo.jp/city/english/>



Aerial View of Hokkaido University Campus





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