



SHORT-TERM EXCHANGE PROGRAM

# HUSTER



HOKKAIDO  
UNIVERSITY



*Welcome to*

# HUSTEP



## HUSTEP broadens your horizons!

The Hokkaido University Short-Term Exchange Program (HUSTEP) is a 'junior year abroad' type program designed to provide undergraduate students from affiliated universities with the opportunity to study in Japan at Hokkaido University. Participants in this program take a wide variety of classes offered in English. Students also have the chance to study the Japanese language. In addition, some participants can pursue independent study research under the guidance of a faculty member. There will also be an opportunity to take part in numerous traditional Japanese cultural activities. Students admitted to the program are eligible to apply for a scholarship.

HUSTEP provides a safe and caring environment in which to carry out your academic studies and broaden your horizons. Participating in HUSTEP will help to prepare you for the future with knowledge and experiences that will last a lifetime. In addition, you will have a wonderful opportunity to meet and make friends with many Japanese people as well as international students from all around the world who come to study at Hokkaido University. We would like to invite motivated university students from ALL disciplines to participate in HUSTEP.



Dr. Peter Firkola  
Program Director



Ms. Tomoe Sasaki  
Administrative  
Coordinator



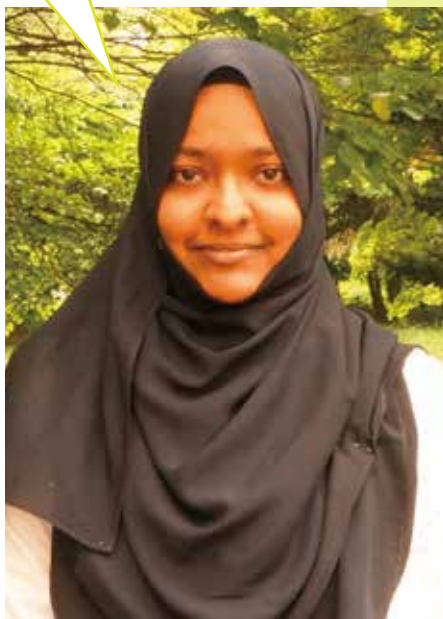


## Darren Heisel Technical University of Munich, Germany

HUSTEP was an amazing experience that I will always cherish. I enjoyed every aspect of it, from the sports to the food to the language learning. It is hard to summarize all the wonderful moments in a few sentences. I will never forget the friendships I made in such a short time. Sapporo was a great place to live with its diversity and proximity to nature.



## Hamsan Mohammed University of Peradeniya, Sri Lanka



Participating in HUSTEP was a transformative milestone in my life. The program significantly contributed to my personal growth and development. One of the most inspiring aspects was the absence of racism and religious discrimination at this university. I frequently used the university prayer room. I felt that Japan is a protective environment for everyone.

The program coordinators treated us like family. I highly recommend HUSTEP to students seeking to enhance their knowledge and skills.








# Program Details

HUSTEP offers students the choice of participating in the One Year or Half Year Course.

The One Year Course allows students to study for two semesters and take classes in English as well as Japanese language classes. In addition, students have the option to do an independent study under the guidance of a faculty supervisor. As part of the independent study, students may have a chance to study in a lab or attend seminars with Japanese students in various faculties.

The Half Year Course allows students to study for one semester and take classes in English and Japanese language classes.

Students should choose carefully since switching courses is not permitted. Course details are listed below.

Course Overview	One Year	Half Year (Fall)	Half Year (Spring)
Core Classes (in English)	Yes	Yes	Yes
Japanese Language Classes	Yes (optional)	Yes (optional)	Yes (optional)
Independent Study	Yes (optional)	No	No
Course Completion Requirements	Yes**	No*	No*
Study Period	Late September-Early August	Late September-Mid-February	Early April-Early August
Application Deadlines	Check our website 		

## Eligibility

To be eligible to apply for HUSTEP, students must:

1. be an undergraduate student from an exchange partner university
2. be enrolled and pay tuition fees at their home universities during study in Japan
3. have completed **at least two years of undergraduate study** prior to arrival in Japan
4. have **GPA of 3.0 (B) or better** on a 4.0 scale or equivalent
5. be proficient in English. Non-native English speakers must have a score of **at least TOEFL iBT 79 or IELTS 6.5**
6. be able to arrive in Sapporo by late September or first week of April

Please check HUSTEP application guidelines for complete eligibility requirements.

## Application Procedure

For details, please check the HUSTEP website.  
<https://www.global.hokudai.ac.jp/admissions/exchange-student-admissions/exchange-programs-in-english-hustep/>



**\*Incomplete or late applications will not be accepted.**  
**\*There is a screening process and not all students who apply will be accepted.**  
**\*Please note that due to a limited number of scholarships offered, only a few students will be able to receive them.**

\* Students must take a minimum of 10 hours of classes (7 classes) per week to meet visa requirements.  
\*\* One Year Course students are required to obtain at least 10 credits in each semester, and at least 8 of these credits should be from core classes.

# Classes

For reference: Spring Syllabus

[check here!](#)



Fall Syllabus

[check here!](#)



## Class Schedule from a previous year

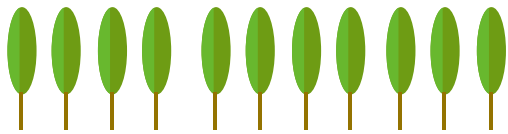
Time Table	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1st</b> 8:45-10:15	Japanese Language	Japanese Language	Japanese Language	Japanese Language	Japanese Language
		Linear Algebra	Science and Technology in History	Calculus	
<b>2nd</b> 10:30-12:00	Japanese Language	Japanese Language	Japanese Language	Japanese Language	Japanese Language
		Topics in Japanese Thought	Methods in Language Teaching	Personal Stories and Religion	How We Learn Language
<b>3rd</b> 13:00-14:30	Japanese Language	Japanese Language	Japanese Language	Japanese Language	Japanese Language
	Topics in Japanese Thought	General Biology	School Education and Society in Japan	Contemporary Japanese Society	General Chemistry
		Gender and Sexuality in Contemporary Japan	Imperial Russian History from Peter to Petrograd	Language Issues in a Globalized World	Chemistry and English for Life Science
<b>4th</b> 14:45-16:15	Environmental Earth Sciences	Hokkaido History	Multiculturalism in Hokkaido and Japan	Japanese Management	Career Planning
	The Age of Total War: History 1904-1945	The Politics of History in East Asia	Workshop on Critical Thinking	Applied Animal Ecology	English Education in Japan
		Food Resources and Environment	Sustainability Studies beyond Hollywood Film	Music and Culture	
<b>5th</b> 16:30-18:00	Countries and Culture	Hokkaido: Now and Then	International Project	Japanese Economy	Environmental Science for Biological Resources
	Essential Physics	Music Psychology	Japanese Foreign Policy	Anthropology: History and Debates	
		Agriculture in Hokkaido	Essential Organic Chemistry		

\* On average, students take one Japanese language class and one core class per day.





# Academic Calendar



Academic Calendar (tentative)



Late September Program Orientation

Early October Classes Begin (Fall Semester)

Late December to Early January Winter Break

Early February Last Day of Classes



September



October



November



December



January



February







Early February to Early April Spring Break

Early April Classes Begin (Spring Semester)

Early August Last Day of Classes



March



April



May



June



July



August





# Participant Views of HUSTEP

## Kendall Carvalho

University of Massachusetts Amherst,  
United States



The HUSTEP program exceeded my expectations in its student support, sense of community, and professors. The campus is a large green oasis in a lively and inviting city. The sense of community forged between students from across the globe and genuinely kind professors is unique to Hokudai. What I value most about this program is the balance between support and the chance to expand my horizons. I gained local insights and global perspectives. I highly recommend the HUSTEP program to any student looking to study in Japan.

I experienced some of the best laboratories, met excellent professors, and made great friends. This program has not only helped me to advance in my academic career. It has also given me exposure to various cultural backgrounds. These four months were a great learning and growth experience.

## Bhargav Palthi

Indian Institute of Technology Hyderabad,  
India



## Kaushali Halawathage

University of Peradeniya,  
Sri Lanka



This experience helped me grow both academically and personally, creating many opportunities for my future. HUSTEP improved my language skills and made me more independent. If you want to know more about other countries, experience the seasonal changes of Japan and make friends from different countries, I highly recommend HUSTEP. It will change your life.

I was welcomed into a vibrant community that celebrates cultural diversity and academic excellence. The course offerings were diverse and well-structured, covering various aspects of Japanese culture, language, and society. I particularly enjoyed the Japanese language classes, which catered to all levels and were taught by passionate instructors. This encouraged participation and helped me improve my language skills significantly. My time in the program was transformative. I left with cherished memories and valuable skills that will stay with me for a lifetime.

## Nhi Trần Ngọc Man

Vietnam National University Ho Chi Minh,  
Vietnam





### Evangeline Aldrich Charlie

Indonesia International Institute for Life Sciences,  
Indonesia



Participating in HUSTEP created special memories in my life. Getting the chance to study at the best agricultural university in Japan, I could not miss the chance to participate in the laboratory activities at Hokkaido University. I sought opportunities by contacting professors at the Agricultural School of Hokkaido University. Luckily, I participated in lab activities as a research assistant for a doctoral student project. Joining HUSTEP helped me to broaden my connections, experience, and knowledge, which will be helpful for my future.

I quickly felt at home because there is a good network of people and resources to help you. I was able to make friends from all over the world because there are many events intended for international students. I liked the campus because it is a lush green space to study and relax. It's located close to the lively city center where you can enjoy many festivals throughout the year. There are so many things to do in Sapporo, and it's only missing you!

### Arnaud Blouin

Université de Montreal,  
Canada



### Tim Lippert

Technical University of Munich,  
Germany



I had an enriching experience that deepened my understanding of Japanese culture and daily life. I was able to experience firsthand what it feels like to live and study in Japan. The program allowed me to grow as a person while also advancing my studies. Moreover, I had the opportunity to meet people from around the globe, many of whom have become dear friends. This opportunity was worth taking, and I recommend participating in this program to everyone.

I have met many kind classmates and teachers in HUSTEP. I improved my English in class interactions. The spirit of questioning is valuable. In the past, I was afraid to ask questions. With the encouragement and support of professors, I learned to ask questions. This will benefit me forever. I will remember my time at Hokkaido University for the rest of my life.

### Lingxuan Gao

Northwest A&F University  
China



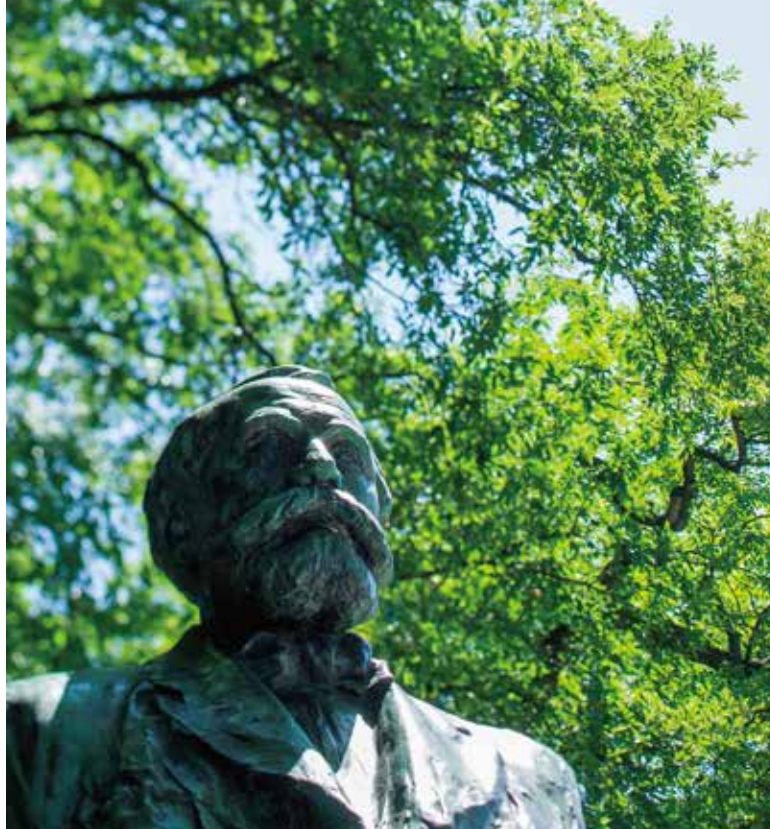




# HOKKAIDO UNIVERSITY

Founded in 1876, Hokkaido University is one of the oldest, largest and most prestigious universities in Japan. We are unique among Japan's leading universities in the breadth of disciplines we offer, providing a variety of opportunities for personal growth and all-round education that develops unique insights and broader perspectives.

In the heart of Japan's northern city of Sapporo, our main campus provides the perfect balance of natural scenery with state-of-the-art teaching, research and student support facilities. Our academics pursue excellence in teaching to offer the best in innovative education. Learning from these top academics exposes students to excellence and challenges them to succeed as leaders in whatever career they choose.



At Hokkaido University, there is more to student life than just lectures. An abundance of opportunities await international students on campus. Students can join one of over 250 clubs, participate in sporting activities, visit the university's museum, attend a university festival or just relax with friends on campus. Hokkaido University offers students the chance to gain valuable experiences and to make new friends. Your year abroad at 'Hokudai' will be one to cherish for a lifetime.

Hokkaido University website : <https://www.global.hokudai.ac.jp>





# Life in Sapporo

Sapporo is Japan's fifth largest city with a population of almost 2 million people. Sapporo is known for its amazing food, unique history, natural beauty, and cosmopolitan character. With its fashionable restaurants, great shopping areas and relaxed atmosphere, it is often rated as the most desirable city to live in Japan. Sapporo provides an excellent quality of life and an affordable cost of living for students.

Sapporo City website: <http://www.city.sapporo.jp/city/english/>



## Aerial View of Hokkaido University Campus







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# CONTACT

Hokkaido University HUSTEP 

<https://www.global.hokudai.ac.jp/admissions/exchange-student-admissions/exchange-programs-in-english-hustep/>



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